

Introducing Tracey Jones – Mildmay's New Hydrotherapist

Tracey Jones joined the Mildmay team in September and is extremely interested in animal rehabilitation through hydrotherapy and physiotherapy. Tracey has an enthusiasm that is infectious and has already created many bonds with the hydrotherapy clients and their animals; we are really pleased to have Tracey at Mildmay.

Hydrotherapy is a zero impact form of exercise allowing the free movement of limbs in a non weight bearing environment. The buoyancy of the water supports the body therefore reducing weight and relieving pressure on the joints and muscles. Hydrotherapy aids in relaxation of the muscles allowing the healing process to take place. As Hydrotherapy becomes increasingly more popular it is being used to compliment a wide range of medical and surgical conditions such as the following:



- Chronic osteoarthritis
- Hip Dysplasia and OCD
- Post operative fractures, ligament repair and joint stabilisation
- Spinal conditions
- Weight management

Hydrotherapy encourages full range of movement which helps build muscle in the weak areas, it also tones muscle and promotes tendon repair without causing unnecessary stress on surrounding tissues.

For more information about hydrotherapy or to speak to Tracey please call 01962 854088.



Mildmay Christmas Tea Party Friday 3rd December 2010

Mildmay are holding a tea party on 3rd December to raise money for the PDSA. The staff at Mildmay will be making and selling mince pies, rocky road, ginger bread animals, lemon and poppy seed cake, chocolate yule log just to mention a few, to raise awareness for this worthwhile cause. So please come along to the Practice between 9am and 5pm and buy some cakes and support this worthwhile cause.



Advice this Christmas

Not all food or household items are animal friendly. Some are poisonous and can even be fatal and we seem to see more around this time of year. Christmas is a time when the cupboards are full of chocolate BUT remember that cocoa found in human chocolate is poisonous to animals. The higher the cocoa value in the chocolate the worse it is for your pet. Other food to be aware of include grapes that can lead to kidney failure and turkey/chicken bones which become dry and brittle causing constipation and intestinal blockages.

Christmas baubles and tree lights also provide interest to animals especially puppies; ensure these are not accessible to your pet.

Antifreeze that collects on road surfaces and driveways smells and tastes good to your dog but is lethal. Other accessible outdoor poisons include; charcoal lighter, gasoline, lead, lime, paint thinner, rodent poisons and turpentine. Ask us for more details.



Join the Healthy Pet Club and save money!

Our Healthy Pet Club Scheme, with lifetime preventative healthcare, provides an excellent way to budget for the care of your pets with discount off all other products and services you can buy from this practice, plus a 20% discount on specific medications for long-term illness. Your membership includes:-

- Annual vaccination for cats and dogs
- Flea treatment for dogs and cats
- Worming treatment for dogs and cats
- FREE Hills Diet (buy 5 get the 6th bag FREE)
- Two veterinary health checks per year
- Multipet discount
- 10% discount on ALL products and services

Ask one of our practice staff for more information and join today and you too could spread the cost throughout the year.



Staff News



Since our last news letter we would like to welcome Amanda Bunting to the Veterinary Team who is covering for Clare Heap whilst she is on maternity leave and Kayleigh Barns has joined the nurse's team as a trainee. Emily Binfield passed her Veterinary Nursing Exams and is now a qualified nurse and Emma Rickman passed her first year nursing exams and has now started her second year. We are also very proud to announce that Sarah Warren passed her certificate in small animal dermatology of which only 4 veterinaries did. Congratulations to all our members of staff that have passed their exams!