

## Hydrotherapy Challenge

Tracey, our hydrotherapist is organising a sponsored swim in order to raise money to help the Dogs Trust. Each dog will have a sponsorship form and a target number of laps (decided by Tracey in relation to their condition) of the pool to complete. Their sponsored swim will take place on one of their sessions in March. Your dog does not have to have a condition it can swim just for fun!! Kim, Laura, Amanda, Tracey and Anna have all signed their dogs up for it!!

Hydrotherapy is a zero impact form of exercise allowing the free movement of limbs in a non weight bearing environment. The buoyancy of the water supports the body therefore reducing weight and relieving pressure on the joints and muscles. Hydrotherapy aids in relaxation of the muscles allowing the healing process to take place. Hydrotherapy is used to compliment a wide range of medical and surgical conditions such as the following:

- Chronic osteoarthritis
- Hip Dysplasia and OCD
- Post operative fractures, ligament repair and joint stabilisation
- Spinal conditions
- Weight management



Hydrotherapy encourages full range of movement which helps build muscle in the weak areas, it also tones muscle and promotes tendon repair without causing unnecessary stress on surrounding tissues. Or why not try it just for fun!!!

**We'll make a BIG SPLASH if you HAND IN THE CASH!!  
Sponsor a dog to help save a life with the Dogs Trust**



### Easter Bunnies



As Spring approaches and the weather is getting warmer your bunnies will be venturing outside more. Therefore, it is important to ensure they are fully vaccinated against VHD (Viral Haemorrhagic Disease) and Myxomatosis. It is also important that they have a good diet based on hay as too many pellets or fresh vegetables can cause them to get a dirty bottom predisposing them to fly strike, a very serious and life threatening condition. Rearguard is a product that you can apply to your rabbit to prevent fly strike and the nurses here can assist you with the application at no additional cost.



### Join the Healthy Pet Club Save Money!



Our Healthy Pet Club Scheme, with lifetime preventative healthcare, provides an excellent way to budget for the care of your pets with discount off all other products and services you can buy from this practice, plus a 20% discount on specific medications for long-term illness. Your membership includes:-

- Annual vaccination for cats and dogs
- Flea treatment for dogs and cats
- Worming treatment for dogs and cats
- FREE Hills Diet (buy 5 get the 6<sup>th</sup> bag FREE)
- Two veterinary health checks per year
- Multipet discount
- 10% discount on ALL products and services
- Reduced price microchipping

Ask one of our practice staff for more information and join today and you too could spread the cost throughout the year.

### Introducing VET ESSENTIALS

Mildmay would like to introduce you to Vet Essentials, a complete dog and cat food that is exclusive to veterinary practices. Vet Essentials provides high quality, clinically proven advanced nutrition addressing your pet's essential health needs at each life stage, in a concise range that's easy to understand, such as:

- Weight
- Dental Health
- Urinary function
- Skin and coat
- Digestion
- Mobility



The kibble technology is clinically proven to help reduce plaque and tartar there by helping freshen your pet's breath and reduce the long-term risk of dental problems. It has appropriate levels of proteins and fats to maintain optimal body weight, highly digestible proteins to ensure proper nutrient absorption to support a healthy digestive tract. The diet also provides fatty acids, vitamins and minerals to promote healthy skin and coat and to support bones and joints. In cats it's been specially developed to control the mineral levels which will aid in their urinary function. Give this new range of food a go, Hill's provide a 100% satisfaction guarantee or your money back. For advice on this food please ask at reception.

### Thank you for recommending us!



The best recommendation is word of mouth and if you feel we do a good job for you and your pets why not tell your friends about us.

Mildmay will credit your account £10 when you refer a friend and come in for an appointment.



### Staff News

Firstly, all the staff at Mildmay would like to thank you for all the delicious chocolates and biscuits that they received from clients at Christmas; we are still working our way through them. January has started off well with good news from the nursing team that Tiffanie has passed her first year nursing exams and in February she will start her second year. We would like to welcome Susan Hadaway and Linda Robinson to the reception team. Amanda rescued a new chocolate Labrador called Nelson at the beginning of the year, he has settled in well but unfortunately has bad knees so will be having surgery to fix them and then regular hydrotherapy sessions, our vets definitely think with their hearts rather than their heads!! So please feel free to sponsor him as he leads the sponsored swim!!! Nelson sponsor form is on reception, all the money is going to the Dog's Trust who helped him find his new home with Amanda.